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# Diocesan Pastoral Care Course

Tuesday, Feb 5 & Wednesday Feb 6, 2019

9:30am - 3:30pm

St. Paul's Parish Airdrie

1305 Main Street

Registration Fee: \$20.00 includes a manual.

Registration or further information  
please call (403)218 5501.

E-mail: [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)

**Pastoral Care** is the unconditional caring response to the lonely, shut-ins, the sick and dying to meet their spiritual needs, being respectful of their own religious beliefs and practice. This course will introduce you to the basic visiting skills for visiting in the health care facilities or parish.

May 1 - June 5, 2019

Wednesdays 6:30pm - 9:30pm

Location: St. Luke's Parish

1566 Northmount Dr. NW

Registration Fee: \$50.00 includes a manual.

Registration or further information  
please call (403) 218 5501.

E-mail: [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)

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# Bereavement Education Program

October 4 & 5, 2019 - Part 1

Friday 6:15pm - 9:00pm

Saturday 9:00am - 4:00pm

and

October 18 & 19, 2019 - Part 2

Friday 6:30pm - 9:00pm

Saturday 9:00am - 3:30pm

Location: Holy Spirit Parish

10827 - 24 St SW

Registration Fee: \$50.00 includes a manual.

Registration or further information  
please call (403) 218 5501 or (403) 218 5508  
E-mail: [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)

The **Bereavement Program** will teach you the skills to offer your presence and support in a caring way. The grieving may include your family, friends, or colleagues on their grief journey.

This certificate is a necessary component to be a part of the Parish Bereavement Team.

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# Palliative Care Education Program

April 26 & 27, 2019 - Part 1

Friday 6:15pm - 9:00pm

Saturday 9:00am - 4:00pm

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May 3 & 4, 2019 - Part 2

Friday 6:30pm - 9:00pm

Saturday 9:00am - 3:30pm

Location: Holy Spirit Parish

10827 - 24 Street SW Calgary

Registration Fee: \$50.00 includes a manual.

Registration or further information please call (403) 218 5501 or (403) 218 5508

E-mail: [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)

**Palliative care** is the active, compassionate care of a person whose disease is no longer responsive to traditional treatment aimed at cure. The goal of palliative care is to promote quality of life through the control of symptoms, whether they be physical, psychological, social or spiritual.

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## One-Day Workshops

*“Basic Understanding of Mental Health  
and Illness - Spirituality and Mental  
Health”*

Saturday, April 13, 2019

**Our Lady of Perpetual Help Parish**  
4400 Edmonton Trail NE Calgary

8:30am Registration and refreshments  
9:00am - 2:30pm

Registration Fee: \$40.00  
Lunch included

*And*

Saturday, May 25, 2019

**St. Mark's Parish**  
5552 Madigan Dr. NE

8:30am Registration and refreshments  
9:00am - 2:30pm

Registration Fee: \$25.00  
Lunch included

**Presenter: Conita Ip, RSW, PhD**  
Dr. Conita Ip, received her Doctorate from the  
University of Calgary. Her research interests  
include Asian mental health and mental health  
service utilization.

Registration or further information,  
please contact Andie at 403-218-5501 or  
email: [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)

This excellent one-day, experiential work-  
shop is suitable for volunteers and anyone  
working with or visiting people with mental  
illness

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## Alzheimer Workshop

**St. Paul's Anglican Church**  
7 Sunmills Green SE

Date: Saturday, April 6th, 2019

8:30am Registration and Refreshments  
9:00am - 2:30pm

**Presenter: Cindy Bond, S.S.W.**  
Cindy Bond is the Community Educational Specialist  
at the Alzheimer Society of Calgary. During Cindy's  
30 years in the field of Social Services, she has been  
an educator and case manager. She has conducted  
assessments while devising treatment plans to help  
assist individuals, dyads, families, groups,  
organizations and communities.

Registration Fee: \$25.00  
Lunch included

For information or registration  
please contact:

Nicola (403) 256-8683  
[www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

or

Andie (403) 218-5501  
[healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)

This excellent workshop will provide the  
participants with an understanding of  
Alzheimer's disease and related dementias.

*“God has created me to do some definite service.  
God has committed some work to me not  
committed to another.  
I have my mission. I may never know it in this  
life, but I shall be told it in the next.  
I am a link in a chain, a bond of  
connection between persons.”*

Excerpt of a prayer By Cardinal John Henry Newman

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Health Care Apostolate  
Diocese of Calgary

Spring 2019

*Pastoral, Palliative  
& Bereavement  
Education Programs*

*&*

*Workshops*

