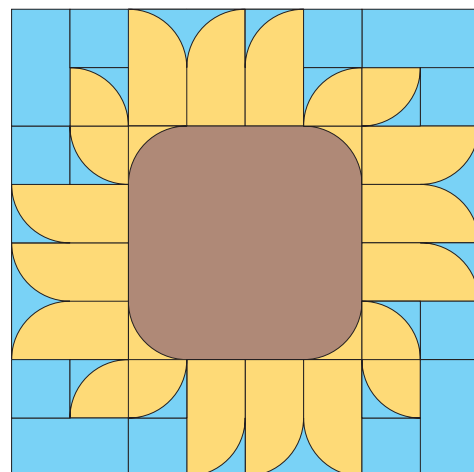
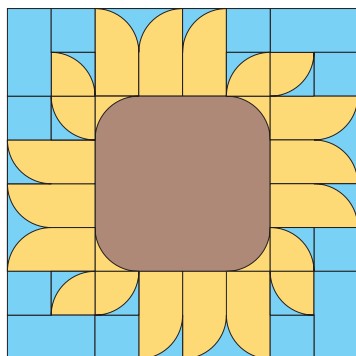
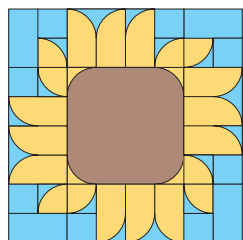


Sun Flowers



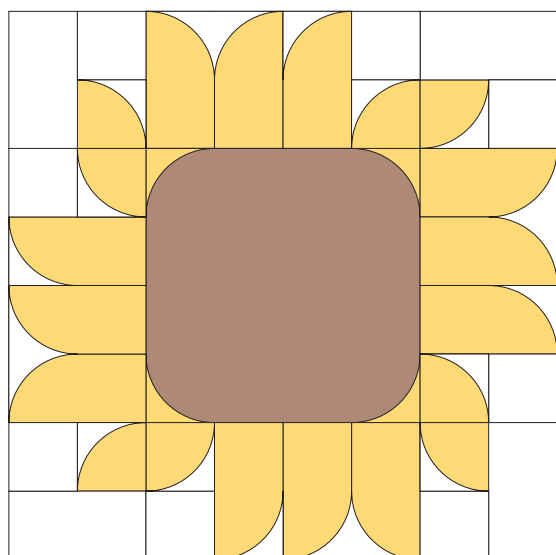
Cutting Instructions

	Fabrics	Sunflower - 8½ Small	Sunflower - 12½ Medium	Sunflower - 16½ Large
	Gold	12 - 1½" x 2½" strips - C 12 - 1½" squares, 4 folded - A	12 - 2" x 3½" strips - C 12 - 2" squares, 4 folded - A	12 - 2½" x 4½" strips - C 12 - 2½" square, 4 folded - A
	Brown	1 - 4½" square - B	1 - 6½" square - B	1 - 8½" square - B
	Sky	8 - 1½" x 2½" strips, 4 folded - D 20 - 1½" squares, 12 folded - E	8 - 2" x 3½" strips, 4 folded - D 20 - 2" squares, 12 folded - E	8 - 2½" x 4½" strips, 4 folded - D 20 - 2½" squares, 12 folded - E

General

This bright sunflower block is available in 3 sizes: 8½", 12½", and 16½" square. Pieces are labeled to facilitate construction.

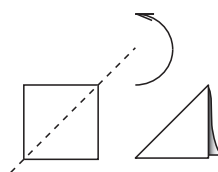
The blue sky background color is omitted to show piecing instructions clearly. Use 1/4" seam allowance throughout.



Folding and Preparation

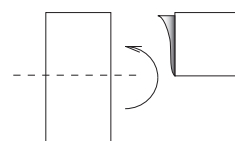
Use these general folding instructions whenever the word "folded" is added to pieces in the cutting instructions. The instructions are for any fabric as indicated in the cutting instructions.

Fold fabrics, wrong sides together as indicated, then press with a warm iron to hold the folded shape of the fabric pieces.



Folded Triangles

Fold all squares marked "folded" in half diagonally to make a folded triangle as shown.

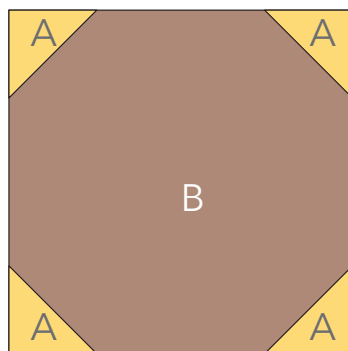
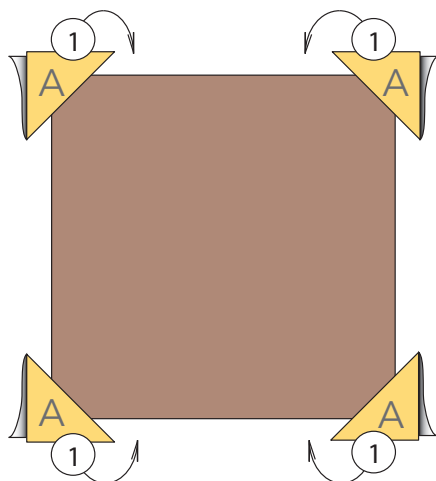


Folded Strips

Fold all strips marked "folded" in half width-wise as shown.

Sun Flowers

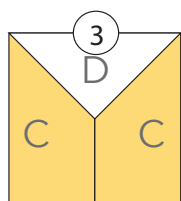
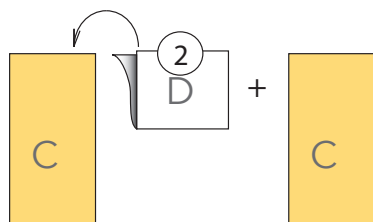
Construction of the Sunflower: (all sizes)



Center Unit

1. Sunflower Center - make 1:

Place four gold folded triangles A on each corner of a brown square B and adhere with a dab of glue. Set aside.

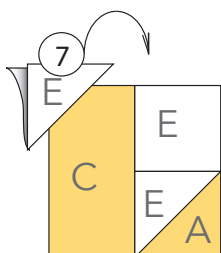
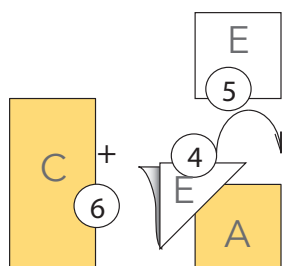


Left Side Unit

2. Sunflower Sides - make 4:

Left Side Unit: Sandwich a background folded strip D between two gold strips C as shown.

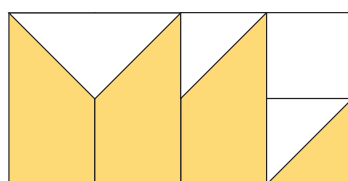
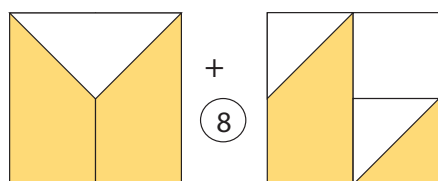
3. Line up the raw edges on the top and right with the fold oriented down. Stitch along the right edge of the sandwich, then open the sandwich and unfold the strip to make the dimensional triangle. Press seam allowance open to reduce bulk. Make 4.



Right Side Unit

4. **Right Side Unit:** Place a background folded triangle E on the top left corner of a gold square A and adhere with a dab of glue.

5. Sew a background square E to the top. Press to E.
6. Sew a gold strip C to the left. Press to C.
7. Place a background folded square E on the top left corner and adhere with a dab of glue.
8. Sew the left and right side units together to make a sunflower side.

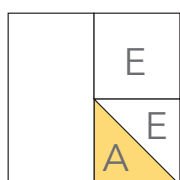
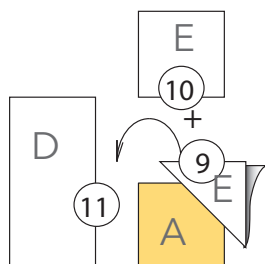


Sunflower Side

9. Sunflower Corners - make 4:

Place a background folded triangle E on the top right corner of a gold square A and adhere with a dab of glue.

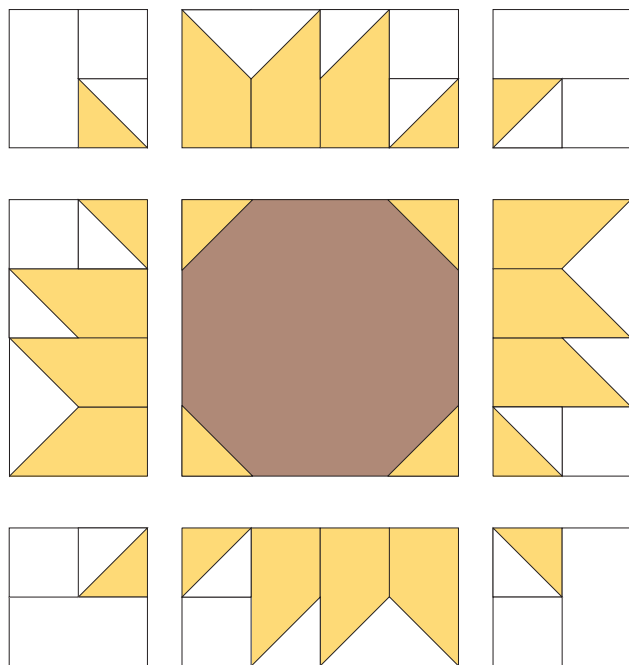
10. Sew a background square E to the top. Press to E.
11. Sew a background strip D to the left. Press to D.



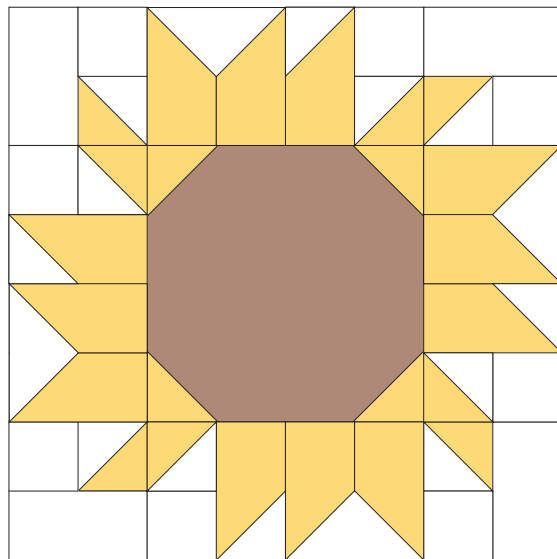
Sunflower Corner

Sun Flowers

Sunflower Assembly

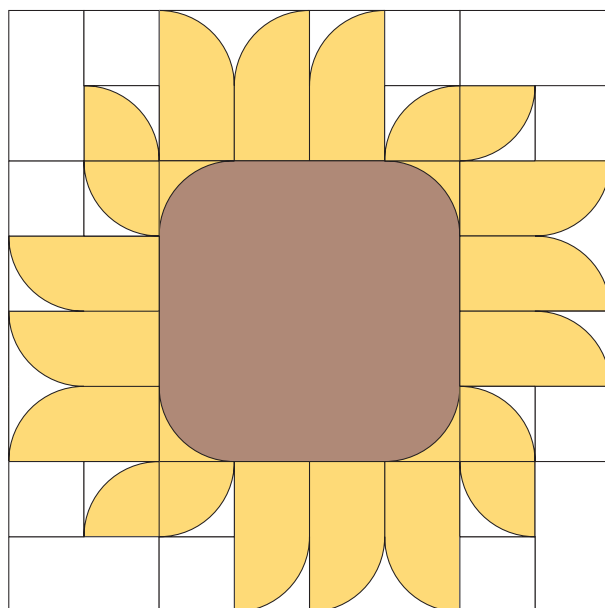
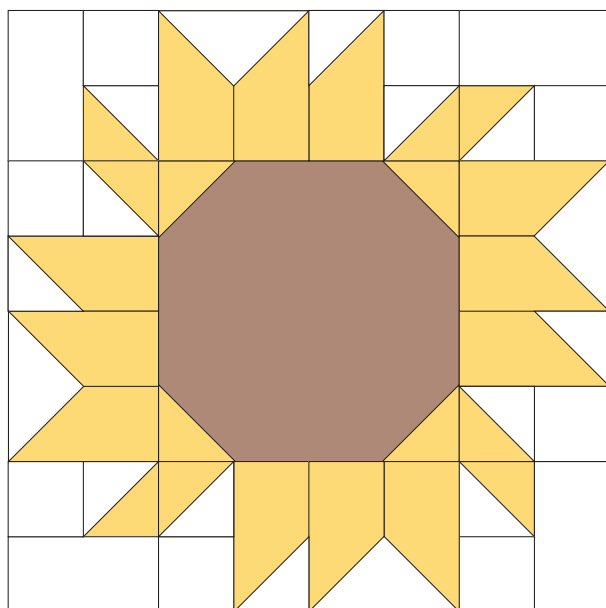


1. Row 1 & 3: Sew a sunflower corner to each side of a sunflower side oriented as shown. Press to the sides.
2. Row 2: Sew a sunflower side to each side of a sunflower center. Press to the sides.
3. Sew rows 1, 2 and 4 together. Seams are twisted or pressed open.



Curving the Sunflower Blocks

The curves are made by manipulating the folded inserts. All folds are bias folds and can easily be folded back and smoothed into a curved shape, which is then top-stitched to make the curves permanent. Sunflowers can be topstitched block by block, or if you are making a small quilt or runner, they can also be top-stitched after the quilt is completed or as part of the quilting process.



Tip: Match the thread color to the fabrics. Use your sewing machine needle as a third hand by inserting the needle in the starting point of the fold. First lock your stitches by stitching in place, then pull back the bias fold and fold it back on itself. Smooth out the curve and hold it down while carefully stitching close to its outer edge with a normal straight-stitch.